### ※教師簡介



	教師 姓名	謝佩倫
	職稱	副教授兼推廣部推廣教育組長
	學歷	國立成功大學護理博士
	經歷	<ul> <li>■ 國立臺中科技大學護理系助理教授</li> <li>● 中華醫事科技大學長期照顧經營管理系助理教授兼系主任</li> <li>● 敏惠醫護管理專科學校講師</li> <li>● 國立台南護理專科學校實習指導教師</li> <li>● 奇美醫療財團法人奇美醫院專科護理師</li> <li>● 中國醫藥大學附設醫院外科加護病房護理師</li> </ul>
	學術專長	社區護理、高齡/長期照護、高齡/失智友善、慢性病照護管理
	電話	04-22196854
	E-mail	peilun@nutc.edu.tw

#### ※ 專業服務

- ✓衛生福利部國民健康署、衛生局所「高齡友善照護」、「失智共同照護」、失智症照顧服務訓練」、「失智症醫事專業人員(個案管理師/衛教師)」「【ICOPE】長者健康整合式功能評估」委員及課程講師
- ✓ 長期照顧服務品質提升計畫評鑑、長照機構(A 單位、居家式、社區式)委員
- ✓專業學會-台灣護理學會(第33屆長期照護委員會委員、第34屆社區衛生護理委員會委員)、台灣社區衛生護理學會(第四、五屆秘書長、第六、七屆常務理事)、社團法人台灣護理教育學會(第五屆文書編輯委員、第六屆國際合作委員會委員)、國際護理榮譽學會中華民國分會(國際事務暨社區委員會委員)

### ※ 獲獎

- ✓ 國立臺中科技大學-111 學年度教學績優教師
- ✓ 台灣社區衛生護理學會-112 年優良社區護理人員
- ✓ 教育部--110 年高教深耕計畫彈性薪資特殊優秀人才教學類
- ✓ 國立臺中科技大學—109、110年度發表學術期刊論文成果績優
- ✓ 國立臺中科技大學--108 學年度績優導師、績優導師校外賃居訪視

#### ※ 論文期刊

# <u>英文</u>

- Liu, C.W., <u>Hsieh, P. L.</u>, Yang, S.Y., Lin, Y.L. & Wang, J.Y (2023) The effectiveness of facilitator-led remote interactive intervention for loneliness, quality of life, and social support among seniors in communities during the COVID-19 pandemic: a randomized controlled experiment, *Psychology & Health*, 1-14. DOI: 10.1080/08870446.2023.2261024 [SSCI /SCIE IF=3.3 in 2022]
- Wang, Y. R., Lee, H. F., <u>Hsieh, P. L.</u>, Chang, C. H., & Chen, C. M. (2023). Relationship between physical activity and perceptions of ageing from the perspective of healthy ageing among older people with frailty with chronic disease: a cross-sectional study. *BMC nursing*, 22(1), 319. [SSCI/SCIE IF=3.189 in 2022]
- Chen, T.S., <u>Hsieh, P. L.\*</u>, Tung, C.C., Wu, C.H., Cheng, Y.C. (2023). Evaluation of registered nurses' interprofessional emergency care competence through the gamification of cardiopulmonary resuscitation training: a cross-sectional study, *BMC Medical Education*, *23*(1), 359. DOI <a href="https://doi.org/10.1186/s12909-023-04332-y">https://doi.org/10.1186/s12909-023-04332-y</a> [SSCI /SCIE IF=3.263 in 2022] 通訊作者
- ▶ <u>Hsieh, P. L.\*</u>, Wang Y.R., Huang, T.C.(2023) Exploring Key Factors Influencing Nursing Students' Cognitive Load and Willingness to Serve Older Adults: Cross-sectional Descriptive Correlational Study, *JMIR Serious Games*, 11(1), e43203. <a href="https://games.jmir.org/2023/1/e43203">https://games.jmir.org/2023/1/e43203</a> DOI: 10.2196/43203 [SCIE IF=3.364 in 2022] 第一作者/通訊作者
- Pei-Lun Hsieh, Shang-Yu Yang, Wen-Yen Lin, Tien-Chi Huang (2023). Facilitated virtual learning for advanced geriatric education among nursing students during the COVID pandemic in Taiwan, *Library Hi Tech*, 41(1), 59-70. <a href="https://doi.org/10.1108/LHT-12-2021-0472">https://doi.org/10.1108/LHT-12-2021-0472</a> DOI 10.1108/LHT-12-2021-0472. [SSCI IF=1.623 in 2022]第一作者
- Yang, S. Y., Yang, C. C., Lee, Y. C., <u>Hsieh, P. L.</u>, & Lin, Y. L. (2022). Investigating the effectiveness of online interactive courses on loneliness and quality of life of older adults in the community during the COVID-19 pandemic: A pilot study and a randomized controlled trial. *Geriatrics & gerontology international*, 23(2), 91-97. https://doi.org/10.1111/ggi.14526 [SCIE IF=3.387]
- Yang, S. Y., Lin, Y. C., Lee, Y. C., <u>Hsieh, P. L.</u>, & Lin, Y. L. (2022). Board Game Intervention to Improve Cognitive and Daily Functioning in Elderly People with Mild Cognitive Impairment: A Randomized Controlled Trial. *International Journal of Gerontology*, 16(4), 348-354. [SCIE IF=0.358]
- S-H Fu, Y-H Lin, C-C Yang, Y-L Lin, <u>Hsieh, P. L.</u>, S-Y Yang (2022). Comparing the Effectiveness of Flexi-Bar and Multi-Component Exercises on Improving the Physical Health of Older Adults: A Randomized Controlled Trial, *International Journal of Gerontology*, 16(3), 295-302. [SCIE IF=0.358]
- ➤ <u>Hsieh, P. L.</u>, Y-C Lee, S-Y, Yang, Y-L, Lin, Y-R Huang (2021). Association between Work Content and Musculoskeletal Disorders among Home Caregivers: A Cross-Section Study, *Industrial Health*, 60(6), 514-524. [SCIE Impact Factor=2.707] 第一作者
- Yang, S.-Y., Fu, S.-H., <u>Hsieh, P. L.</u>, Lin, Y.-L., Chen, M.-C., Lin, P.-H. (2021). Improving the Care Stress, Life Quality, and Family Functions for Family- Caregiver in Long-term Care by Home Modification, *Industrial Health*, 60(5), 485-497. [SCIE Impact Factor=2.707]
- Hsieh, P. L., Chen, C.M., Chen, H.M., & Yang, F.-C. (2021). Factors Affecting Preregistered Nurses' Willingness to Serve in Geriatric Long-Term Care. Nursing Open, 8 (5), 2528-2535. [SSCI/SCIE Impact Factor=1.942 in 2021]第一作者

- Msieh, P.L., & Chen, C.M. (2018). Nursing Competence in Geriatric and Long Term Care Curriculum Development for Baccalaureate Nursing Program: A Systematic Review. *Journal of Professional Nursing*, 34 (5), 400-411. (SSCI)第一作者
- ➤ Ika Yuni Widyawati, Nursalam, Kusnanto, Rachmat Hargono, <u>Hsieh, P. L.</u> (2018). Grieving As An Internal Factor of Nurse-Patient Interaction in Dialysis Unit. *Jurnal Ners*, 13(1), 64-71.
- ➤ <u>Hsieh, P.L.</u>, & Chen, C.M. (2017). Geriatric Nursing and Long Term Care Content in Baccalaureate Nursing Programs in Taiwan. *International Journal of Gerontology*, 12 (1), 52-56. (SCIE)
- ▶ <u>Hsieh, P.L.</u>, & Chen, C.M. (2017). Long Term Care Nursing Competence and Related Factors among Taiwanese Nurses: A National Survey for Those Who Completed the LTC Training Course. *Geriatric Nursing*, 38 (3), 192-198. (SSCI/SCIE)

#### 中文

- ▶ 岳芳如、胡芳文、謝佩倫\*(2022)・急性醫療機構護理人員自覺長期照護能力及其相關因素之探討・護理雜誌,69(2),67-79。通訊作者
- 謝佩倫、黄美智 (2017)・護理倫理規範--談護理新手到專家之「盡職」倫理・*護理雜誌*, 64(6),91-97。
- 謝佩倫、王詩涵、陳靜敏、和氣純子、葉千佳 (2016)・「地域包括支援中心」在長期照護 發展新動向—以日本東京八王子市為例・護理雜誌,63(5),108-114。
- ▶ 謝佩倫、陳靜敏(2016)・護理人員引領社區老人慢性病照護管理模式—系統性文獻回顧探討・護理雜誌, 63(4),35-49。
- ▶ 謝佩倫、陳靜敏 (2015)·長期照護之護理能力概念分析·*馬偕護理雜誌*,9(2),7-9。

### 研討會研究論文發表

- 1. **Hsieh, P.L.\*** (2024.07). "Empowering Taiwanese Community Engagement in Developing Dementia-Friendly Communities in Taiwan: A Participatory Action Research Study. Oral Poster present at the 2024 35th International Nursing Research Congress Conference, at Singapore 25-28 July 2024.
- 2. **Hsieh, P.L.\*** (2024.03). The Experiences of Community-Dwelling Older Adults with Physical Cognitive Decline Syndrome in Taiwan: A Psychosocial Qualitative Study. Online participate E-Poster present at the 2024 International Conference on Frailty & Sarcopenia Research (ICFSR) Conference, at USA 20-22 March 2024.
- 3. Yang, S.W., & **Hsieh, P.L.\*** (2023.07). A Quick review of the Effectiveness of Virtual Reality Based Nursing Interventions in Pain Management of Postoperative Older Patient Care. E-Poster present at the 2023 International Council of Nurses Congress [ICN] Conference, 1-5 July 2023.
- 4. You, Z.X., & **Hsieh, P.L.\*** (2022.10). Effectiveness of total parenteral nutrition intervention in reducing patients' albumin loss after colon cancer surgery. E-poster present at the 11th Holistic Medical and Integrated Service Seminar and International Forum in 2022, P-1050 October 2022, Virtual meeting.
- 5. You, Z.X., & Hsieh, P.L.\* (2022). Nursing experience of assisting a teenager to confront repneumothorax. E-poster present at the 11th Holistic Medical and Integrated Service Seminar and International Forum in 2022, P-1049 October 2022, Virtual meeting.
- 6. You, Z.X., & **Hsieh, P.L.\*** (2022). Applying Augmented Reality (AR) teaching to improve the effectiveness of case-based discussion among training nurse practitioners. E-poster present at the 11th Holistic Medical and Integrated Service Seminar and International Forum in 2022, P-1048 October 2022, Virtual meeting.
- 7. Peng, W.Y., & Hsieh, P.L.\* (2022). Using TRM in OSCE teaching to improve the accuracy of

- acute abdominal pain assessment of training Nurse Practitioner. E-poster present at the 11th Holistic Medical and Integrated Service Seminar and International Forum in 2022, P-263 October 2022, Virtual meeting.
- 8. Peng, W.Y., & **Hsieh**, **P.L.\*** (2022). Nursing experience of caring for a patient with rectal cancer and colostomy using Peplau's theory of interpersonal relationships. E-poster present at the 11th Holistic Medical and Integrated Service Seminar and International Forum in 2022, P-264 October 2022, Virtual meeting.
- 9. **Hsieh, P.L.\*** (2022). Factors Influencing Nursing Students' Immersive Virtual Reality Learning and Service Willingness for Older Adults Car. <u>Poster</u> present at the 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS) Conference, 18-19 October 2022.
- 10. **Hsieh, P.L.\***, CHANG, J., Wang, S.-L., & HSIEH, H.-L. (2021). Perceptions of Use and Acceptance of Virtual Online Learning during COVID-19 Pandemic among Taiwanese Nursing Students. <u>E-Poster</u> present at the 2021 International Council of Nurses Congress [ICN] Conference, 2-4 November 2021, Virtual Meeting.
- 11. **Hsieh, P.L.\***, Wang, C.-J., Tsai, C.H., Sun, F.-C., Chen, C.-M. (2021.11). Effects of Age-friendly Community Needs Assessment Workshops for Public Health Nurses in Taiwan. <u>E-Poster</u> present at the 2021 International Council of Nurses Congress [ICN] Conference, 2-4 November 2021, Virtual Meeting (accepted).
- 12. **Hsieh, P.L.\***, & Chen, C.M. (2019.06). Public Health Nursing Competence: A Study of Nurses' Perception and Its related Factors after Community Health Assessment Training course in Taiwan. **E-Poster** present at the 2019 International Council of Nurses Congress [ICN] Conference, 27 June -1 July 2019, Singapore.
- 13. **Hsieh, P.L.\***, Hsieh, Y.C., & Wang, S.L. (2019.06). Effects of Community Health Assessment Educational Workshops for Public Health Nurses in Taiwan. **Oral** present at the 2019 International Council of Nurses Congress [ICN] Conference, 27 June -1 July 2019, Singapore.
- 14. **Hsieh, P.L.\*** (2018.08). Factors Affecting Final-year Nursing Students' Willingness to Work with Elderly / Disabled People in Taiwan. **Poster** present at the World Nursing and Healthcare Conference, 22-24 August 2018, Roma, Italy.
- 15. **Hsieh, P.L.\***, Chen, C.M., & Cheng, C.T. (2017.06). *Baccalaureate Education in Geriatric Nursing and Long Term Care: A Nationwide Survey*. **Poster** present at the 2017 International Council of Nurses Congress [ICN] Conference, 27 May -1 June 2017, Barcelona, Spain.
- 16. **Hsieh, P.L.\***, & Chen, C.M. (2016.08). *Nursing Competence in Geriatric and/or Long Term Care Curriculum Development for Baccalaureate Nursing Program: A Systematic Review*. **Oral** present at the 6th World Nursing and Healthcare Conference, 15-17 August 2016, London, UK.
- 17. **謝佩倫** (2016.06.28) · *國際學術論文發表經驗分享暨討論* · 主講人發表於台灣護理學會「國際學術會議論文發表暨人才培育」研習會 · 台中市:中山醫學大學。
- 18. **Hsieh, P.L.** \*, & Chen, C.M. (2016.03). *The Effectiveness of Nurse-led Care Models in Community Elders with Chronic Disease management: A Systematic Review*. **Oral** present at the Sixth Pan-Pacific Nursing Conference and First Colloquium on Chronic Illness Care, 2-4 March 2016, Hong Kong.
- 19. **Hsieh, P.L.** \*, & Chen, C.M. (2016.01). *Contents of Geriatric Nursing and/or Long Term Care Nursing Course among Baccalaureate Nursing Programs in Taiwan*. **Oral** present at the 2<sup>nd</sup> Asian Congress in Nursing Education (ACiNE), 26-29 January, 2016, Tainan, Taiwan.
- 20. **Hsieh, P.L.** \*, & Chen, C.M. (2015.02.06). Long Term Care Nursing Competence and its relationship with knowledge, attitude and practice. Abstract was accepted for <u>Poster</u> Presentation at the 18<sup>th</sup> East Asia Forum of Nursing Scholars (EAFONS), 6 February 2015, Taipei, Taiwan. Submission Number: AON-001.
- 21. **Hsieh, P.L.** \*, & Chen, C.M. (2014). *Nursing Competence in Long Term Care: A Study of Taiwanese Nurses' Perception and Its related Factors.* Abstract was accepted for **Poster**

Presentation at the 1<sup>st</sup> Asian Congress in Nursing Education (ACiNE) on "Transformative Nursing Education for Global Health", 4-6 June 2014, Bangkok, Thailand.

## ※專書

- 謝佩倫(2022)・醫學與保健・空中進修學院教材・台北:華視。
- ▶ 謝佩倫(2021) · 長期照顧,(第七版)(pp.421-462) · 新北:新文京。
- ▶ 謝佩倫(2021)・長期照護,社區衛生護理學(第八版一刷)(pp.421-462)・臺北:華杏。
- ▶ 謝佩倫(2020)・老人生理變化及照護需求・於張佳琪總校閱,老年護理學──照護理論與應用(pp.21-50)·臺北:華杏。

### ※專利

- 老人周全性評估之虛擬實境訓練裝置,新型專利:第 M632565 號,核准日期:2022/10/01。
- 老人周全性評估之虛擬實境訓練裝置,發明專利第 I788249 號,核准日期:2022/12/21。

### ※研究計畫

- ▶ 國家科學及技術委員會專題研究計畫-以復原力為導向的訓練合併智能照護管理對中高齡 長者身智衰退症之成效探討(主持人,計畫編號: NSTC 112 - 2314 - B -025 - 001 - MY3,執 行期間 2023/08/01~2026/07/31,經費: 2,970,000元)。
- ▶ 國家科學及技術委員會專題研究計畫-多元正念課程結合數位科技輔助學習介入社區高龄 者於健康老化之成效:隨機對照試驗研究(共同主持人,計畫編號: NSTC 113-2410-H-255-001-MY2,執行期間 2024/05/01~2026/04/30,經費: 1,854,000元)。
- ▶ 臺中市政府衛生局: 113 年「預防及延緩失能照護新方案研發計畫」採購案(主持人,計畫編號: 113B10,執行期間 2024/06/12-2024/12/04,經費: 1,000,000 元)。
- 台灣護理學會研究計畫: 建構並測試護理師國考工具實盒於學生考照通過率之成效(共同主持人,計畫編號: TWNA-卓領 112101,執行期間 2024/01/01~2024/12/15,經費: 200,000元)。
- 》 教育部教學實踐研究計畫:以「社區高齡福祉為中心」的設計思考教學對學生同理心及照 護能力建構之 USR 實踐研究(主持人,計畫編號: PSR1123133,執行期間 2023/08/01-2024/07/31,經費: 200,000元)。
- ▶ 臺中市政府衛生局: 112 年「失智友善社區營造」採購案(主持人,計畫編號: 112B07,執行期間 2023/03/31-2023/12/15,經費: 900,000元)。
- ▶ 台灣護理學會研究計畫:居家護理師對高齡者足部照護知識、態度及照護能力相關因素探討

(主持人,計畫編號:TWNA 1121019,執行期間 2023/01/01~2023/12/15,經費: 200,000元)。

- 科技部專題研究計畫-虛擬實境於居家護理技能模擬教學之應用:翻轉長期照護課程教學及學 習成效 (主持人,計畫編號: MOST 110 - 2511-H -025-007,執行期間 2021/08/01~2022/07/31,經費: 750,000 元)。
- ▶ 童綜合醫療社團法人童綜合醫院產學合作計畫:參與遊戲化急救照護學習課程醫院護理人員 之照護能力現況探討(主持人,計畫編號:110085H,執行期間 2021/08/01~2022/07/31,經費:100,000元)。
- 教育部教學實踐研究計畫:「護您(理)健康好厝邊」:與社區為夥伴模式透過團隊合作學習 之護理教學實踐研究(主持人,計畫編號: PSR1090381,執行期間 2020/08/01-2021/07/31, 經費: 460,000 元)。
- 國立臺中科技大學-109 學年度特色躍升亮點計畫-智慧健康照護:建構高齡復健虛擬實境教學教案場域(共同主持人,執行期間 2020/07/01-2021/07/31,經費:1,500,000元)。
- ▶ 科技部專題研究計畫: 發展線上互動式課程應用於社區高齡者之孤獨感 (共同主持人,計畫編號: 109-2314-B-468-009-MY2,執行期間 2020/08/01~2022/07/31,經費: 1,622,000 元)。
- 科技部專題研究計畫(產學合作研究計畫-應用型): 於醫護 VR 教案中運用雲端運算平台建置學習歷程「資料視覺化」與「評量反饋」系統 (共同主持人,計畫編號: 109-2622-E-025-001-CC3,執行期間 2020/06/01~2021/05/31,經費: 790,000元)。
- ▶ 臺中市政府衛生局: 109 年「失智友善社區營造」採購案 (主持人,計畫編號: 109B09,執 行期間 2020/06/30-2020/12/4,經費: 1,200,000 元)。
- ▶ 衛生福利部計畫: 108 年度輔導高齡友善健康多元評估與服務計畫 (主持人,計畫編號: D1080613,執行期間 2019/07/01-2019/12/15,經費: 658,600 元)。